

LEVELED BOOK • F



# Hibernation

**Multi  
level  
F•I•M**

Written by Kira Freed

[www.readinga-z.com](http://www.readinga-z.com)



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## **No Food in Winter**

Some animals can't find food in the winter.

Some of these animals hibernate.





## What Is Hibernating?

Hibernating is like a deep sleep. This sleep can last for weeks.





Animals breathe slowly when they hibernate.

Their hearts beat slower.

They do not eat.





## **How Do They Stay Alive?**

Hibernating animals eat lots of food before winter.

The food stays in their bodies as fat.





Animals live off this fat while they sleep.

They also need a safe place to sleep.





They need to be safe from the cold.

They need to be safe from hungry animals.





## Hibernating Animals

Snakes and frogs hibernate.  
Turtles and mice hibernate.  
Squirrels and bats hibernate.





Bears hibernate.  
Raccoons and skunks  
hibernate, too.  
All the hibernating animals  
wake up in the spring.



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